

Schedule is subject to change

September

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>NO SCHOOL <i>Labor Day</i></p>	<p>4</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm BVS at Salem 4:00</p>	<p>5</p> <p>NO PRACTICE Mandatory Athletic Meeting FALL SPORTS ONLY 6:00 PM</p>	<p>6</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-4:30</p>	<p>7</p> <p>VB vs. Guardian MS 4:30 pm HS 5:30 pm Soccer Practice 3:45-5:15</p>
<p>10</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i></p>	<p>11</p> <p>VB vs New Life JV 4:30 pm HS 5:30 pm BVS at Guardian 3:30 Dodd Park (Point of Rocks)</p>	<p>12</p> <p>NO PRACTICE</p>	<p>13</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00</p>	<p>14</p> <p>BVS vs Spirit Location TBA</p>
<p>17</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i></p>	<p>18</p> <p>VB at West End (Varsity Only) 4:30 First Baptist Church (HW) BVS at Grove 3:30 Deep Run Park</p>	<p>19</p> <p>NO PRACTICE</p>	<p>20</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm BVS at Carmel 4:30</p>	<p>21</p> <p>VB vs James River MS 4:30 pm HS 5:30 pm BVS at Lynnhaven 3:30 Dodd Park (Point of Rocks)</p>
<p>24</p> <p>Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i></p>	<p>25</p> <p>VB vs CVHAA MS 4:30 pm JV 5:30 pm VB vs Salem HS only HS 6:30 pm BVS at James River Location TBA 3:30:00 pm</p>	<p>26</p> <p>NO PRACTICE</p>	<p>27</p> <p>VB at Carmel MS 4:30 pm JV 5:30 pm HS 6:30 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00</p>	<p>28</p> <p>VB at New Bridge HS 4:30 pm BVS at Salem 4:00</p>

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October

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i>	2 VB vs. Grove MS 4:30 pm HS 5:30 pm BVS at Grove 3:30 Deep Run Park	3 NO PRACTICE	4 Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country MEET CCAC Invitational (PSP) 4:30	5 VB at Amelia Academy MS 4:30 pm JV 5:30 pm HS 6:30 BVS at Guardian 3:30 Dodd Park (Point of Rocks)
8 NO SCHOOL <i>Columbus Day</i>	9 VB vs. Guardian MS 4:30 pm HS 5:30 pm BVS at James River Location TBA 3:30:00 pm	10 NO PRACTICE	11 VB at CVHAA MS 5:30 JV 6:30 HS 7:30 Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00	12 VB vs New Bridge JV 4:30 Piedmont Christian HS ONLY 5:30 pm (NBA) BVS at Spirit Location TBA
15 Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i>	16 VB at New Life JV 4:30 pm HS 5:30 pm BVS at Lynnhaven 3:30 Dodd Park (Point of Rocks)	17 NO PRACTICE	18 Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm Soccer Practice 3:45-5:15 Cross Country Practice 3:30-5:00	19 VB vs. James River MS 4:30 pm HS 5:30 pm Soccer Practice 3:45-5:15
22 Volleyball Practice MS 3:00 pm-4:30 pm HS 3:30 pm-5:00 pm BVS TOURNAMENT WEEK Cross Country Practice TBA <i>Basketball Skills Academy 5:30-7:00</i>	23 VB vs Piedmont Christian JV ONLY 4:30 VB vs West End HS ONLY 5:30 BVS TOURNAMENT WEEK	24 NO PRACTICE	25 EARLY RELEASE DAY Volleyball Practice TBA BVS TOURNAMENT WEEK Cross Country Practice TBA	26 VB at Salem HS 3:45 pm BVS TOURNAMENT WEEK Cross Country Practice TBA

Schedule is subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
VB TOURNAMENT WEEK	VB TOURNAMENT WEEK	NO PRACTICE	VB TOURNAMENT WEEK	VB TOURNAMENT WEEK
Cross Country Practice 3:30-5:00 <i>Basketball Skills Academy 5:30-7:00</i>	Cross Country Practice 3:30-5:00		Cross Country Practice 3:30-5:00	Cross Country Practice 3:30-5:00